

Wyoming Senior Center

The Bi-Monthly Publication for Persons Age 50 and older



July/August 2010

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Wyoming, MI 49509

Phone—616.530.3190
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www.wyomingmi.gov
www.wyomingseniorcenter.blogspot.com

Hours of Operation

Monday thru Thursday, 7 am—5 pm

Saturday, 8 am—3 pm

The Wyoming Senior Center is supported by the City of Wyoming Parks & Recreation Department and the Wyoming Senior Fellowship Club, Inc.

Summer Suppers

If you enjoy meeting new people, eating a delicious meal, and having fun in a friendly and welcoming environment, then join us for our Summer Suppers.

Menu

July—Chicken, Mashed Potatoes, Veggie & Pie

August—Burgers, 2 sides & dessert

Entertainment

July—Apple Country Dulcimers

August—Grocer Bingo

Please note, you will still need to bring your own table service.

Date..... Thursday, July 8

Thursday, August 12

Time..... 5:00 pm

Fees..... \$3 FC Member

\$4.50 Non-member

Reg Deadline: 7/6/10 & 8/10/10

Ice Cream Social



You are invited to join the Fellowship Club for an evening of ice cream sundaes and taste of life on the farm! The Critter Barn will be here with the “Critters on Wheels” featuring hands on fun, lots of interaction with the animals and birds, plus educational and fun presentation that delight kids of all ages. This event is open to the whole family!

Date..... Tuesday—July 13

Time..... 6:00 p.m.

Fees..... \$2 FC Member

\$3 Non – member

Free—Under 10

Reg. Deadline..... 7/7/10

Christmas in July

There is no better way to beat the summer heat than to celebrate Christmas in July! Get into the holiday spirit a little early this year and join us for an afternoon of fun. Wear your red & green and prepare for a good laugh as you participate in a White Elephant Gift Exchange. (See explanation below)



Date Monday—July 26

Time 1:00 p.m.

Fees\$2 Club Members

.....\$3 Non Members

Reg. Deadline 7/17/09

Activity Number 340725.01 **Note**

To participate in the White Elephant Gift

WHAT IS A WHITE ELEPHANT GIFT EXCHANGE???



A white elephant gift exchange is a lighthearted way to have fun with fellow participants. Traditionally a “white elephant” is something lying around the house that you don’t want (some ugly item that someone gave you as a gift or some other item unwanted for some reason). White elephant gifts are usually considered extremely tacky. The thought behind a white elephant gift exchange is to give everyone a chance to rid themselves of these tacky gifts and invariably gain a new one!

You should NOT spend money on this gift. Just open your closets, cupboard, etc. and find just the right gift. The gift should be wrapped and brought to the event if you’d like to participate.

AARP Drivers Safety Course

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. The course is designed to help you:

- ▶ Tune up your driving skills and update your knowledge of the rules of the road.
- ▶ Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes.
- ▶ Reduce your traffic violations, crashes, and chances for injuries.
- ▶ Qualify for an auto insurance premium reduction or discount. Specific state insurance laws vary – please consult your insurance agent for specifics in your state.

AARP members receive discounts on the AARP Motoring Plan from GE Motor Club.

Date..... July 19 & 20 (Two day class)

Time..... 1—5 pm

Location..... Wyoming Senior Center

Cost..... AARP Members—\$15.00 (Must show membership card)

Non AARP Members—\$18



Fellowship Club Picnic

Join us for the Annual Fellowship Club Picnic!

This event features a delicious box lunch, games, and door prizes.

A variety of games will be set up throughout the center and outside on the patio area. Test your Ladder Ball skills and see just how far you can toss a water balloon. Old favorites like Black Jack, Cake Walk and more will make their return.

Date..... Tuesday, August 10

Times 10:00 a.m. – 2:00 p.m.

Fees \$7 Club Members
\$10.50 Non Members

Reg. Deadline 8/5/10

Eligibility/Age 50+



Reverse Mentoring Program

Teens from the Wyoming Parks and Recreation Department Teen Council will be visiting the senior center in July and August. They will be available to help with any of your technology needs. Do you need help with your cell phone, digital camera, or would you like to use the Wii? Would you like to set up a facebook or email account? Want to learn how to check the WSC blog? If you answered yes to any of these questions sign-up today. Time is 1—3 pm.

Mondays

July 19

July 26

August 2

August 9



Holiday Craft Bazaar

This annual Christmas Craft Bazaar is free to the general public, and is a great opportunity to find that special, hand crafted gift for that hard-to-shop-for someone. Crafters are encouraged to register early as booth space is limited and tends to fill up.

Date..... November 6

Day..... Saturday

Times 9:00a.m.–2:00p.m.

Location..... Wyoming Senior Center

Fees..... \$5 and 2 baked goods & one craft item –
Fellowship Club Member

\$15 and 2 baked goods & one craft item –
Non Club-Member

Reg. Deadline.. 10/21/10

Equipment..... Registration includes an 8' covered table.

Please note that tables with access to electrical outlets are limited. Please let staff know if you require electricity upon registration, and they will accommodate if able.

Eligibility/Age Open to public

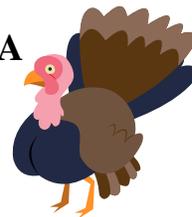
Activity Number 440501.00

*Registration begins
on August 16 at
9:00 am*

Cornwell's Turkeyville U.S.A

Monday—November 8, 2010

“It's a Wonderful Life”



**ACCEPTING
PAYMENTS**



We have begun accepting payments from the people who are on the “interested list” and will continue to do so until **September 1, 2010**. If the trip is not then full at that point, we will contact individuals that are on the wait list and you will have until September 15 to pay for the trip.

After you enjoy a full turkey dinner including slices of roasted turkey, potatoes and dressing covered in gravy, cranberries, coleslaw, and dinner rolls, Cornwell's Dinner Theatre is very excited to bring you a twist on the Holiday classic, “It's a Wonderful Life.” It is based on the beloved film but is done in the style of the golden age of radio. This is a production that literally evokes laughter and tears, but most of all, it will bring back memories of a story that the world loves and most of all, grew up with. Join us as the theatre is transformed into a 1940's radio hall, complete with sound effects, artists, singing sponsors and old-fashioned holiday spirit.

We will be traveling on a deluxe coach provided by Compass Coach. The trip will leave the Wyoming Senior Center at 9:30 am and return to the center at approximately 6 pm. **The cost of \$55 per person will include dinner, show, transportation, tax & tip.**

Molly's Baby Shower



Come in and help our programmer, Molly Remenap celebrate the upcoming birth of her 3rd child which is due in late August. The Fellowship Club will provide cake and coffee. We will stop playing grocery bingo at bit early on **Tuesday, July 20** so that we can have the shower from **3:30 until 4:30 pm.**

Shuffleboard League

This league is designed as a social league with fun competition. Play is based on the principles of a round-robin format. Players of all skill levels are encouraged to participate. The season will conclude with a league potluck in February.

DateMondays, October 11, 2010 – February 2011

Duration..... 18 weeks

Time8:30 a.m. first shuffle

Fees.....\$6Activity Fee

.....\$9 Resident Discounted Fee

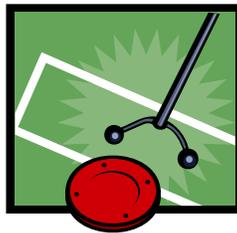
Deadline 10/05/10

EquipmentCues & pucks provided or bring your own cue.

Eligibility/Age.50+

Class SizeMaximum: 30

Activity Number.....440203.00



Shuffleboard Open House

Maybe you've only dabbled in shuffleboard in the past, or perhaps you've never played at all but are interested in learning more about the game. If that is the case, then the Shuffleboard Open House is the thing for you! Stop by for a couple of introductory "pick up" games of shuffleboard. Learn the basic rules of play, and maybe even pick up some tips on strategy and technique from a few of the more advanced players. Registration forms for the Shuffleboard League will be available and this is a great opportunity to get signed up!

DateMonday—October 4, 2010

Time8:30 am

Fees.....Free

EquipmentCues & pucks provided or bring your own cue.

Eligibility/Age.50+

30th Annual Senior Golf Classic

The Senior Golf Classic will be a Two Person Scramble format. GOLFERS MUST REGISTER WITH A PARTNER. Participants will be split into Men's, Women's, and Mixed divisions, that will further be broken down into sub divisions based on age. If golfers of various ages sign up together, you will be placed in the younger person's bracket.

Date.....Monday – August 23, 2010

Time..... 8:00 a.m. Shot gun start

(Range balls available at 7:15 a.m.)

SiteThe Pines Golf Course

Cost.....\$40 per golfer

Deadline: 8/9/10



Line Dance



Fees..... \$36 Activity fee/\$24 Resident Discounted Fee

Deadline 9/13/10

Beginner Level 2~ This class requires some knowledge of basic Line Dance steps such as the vine, step-touch, shuffle and diagonal forward and back.

Beginner Level 2

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 22—Dec. 15	Wednesday	9:00—10:00 am	13 Weeks	50+	440306	00

Intermediate ~ This class will teach you more steps and will add speed and intricacy.

Intermediate

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 22—Dec. 15	Wednesday	10:10-11:10 am	13 Weeks	50+	440307	00

Square Dancing

Polish up your boots and sharpen those spurs and join in on one of today's enjoyable forms of social dancing...Square dancing! Square dancing is a fun and healthy exercise where you'll work up a smile instead of a sweat. So hurry up and Do Si Do on down and register to get your boots a scootin'!

Fees \$21 Activity Fee/\$14 Resident Discounted Fee

Deadline..... 9/9/10

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 16—Oct. 21	Thursday	6:00—7:00 pm	6 Weeks	18+	440309	00

Tap & Jazz



Fees: \$51.00 Activity Fee / \$34.00 Resident Discounted Fee

Deadline: 9/1/10

Level I—This class is great for the beginner or the dancer who has taken the class once before. The class includes simple stretches and jazz moves and develops tap techniques and routines.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 11—Nov. 13	Saturday	10:45—11:45 am	10 Weeks	18+	440303	00

Level 2—This class continues to build on the principles of the Level I class. We will increase the tempo and introduce a variety of moves for your enjoyment.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 11—Nov. 13	Saturday	9:30—10:30 am	10 Weeks	18+	440304	00

Ceramics

Learn about the latest techniques for cleaning, painting and firing greenware. Participants must provide their own brushes. Greenware may be purchased from the instructor.

Fees: \$52.50 Activity Fee / \$35 Resident Discount Fee

Deadline: 9/7/10



Tuesday Afternoon

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 14—Oct. 19	Tuesday	12 —3 pm	6 Weeks	18+	440301	01

Tuesday Evening

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 14—Oct. 19	Tuesday	6—9 pm	6 Weeks	18+	440300	01

Wednesday Evening

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 15—Oct. 20	Wednesday	6—9 pm	6 Weeks	18+	440300	02

Art Classes

Fees: \$55.50 Activity Fee / \$37 Resident Discount Fee

Deadline: 9/2/10



Fields of Color ~ Chalk Pastel

For beginner to intermediate students. At the start, students can all work from the same image as our instructor walks you through using different approaches and different papers. From there, we'll stretch out and students will be encouraged to bring their own photos to paint from. The instructor will also have some on hand. For those we aren't confident in freehand drawing we can photocopy and trace your photos.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 13—Oct. 18	Monday	2:00—4:00 pm	6 Weeks	18+	430901	01

Paint It, Splash It, Pour It ~ Watercolor 102

For Beginner and intermediate watercolor painters, this is a continuation from our previous classes. We will explore traditional watercolor painting techniques as well as experiment with some new ideas. For those who aren't confident in freehand drawing we can photocopy and trace photos. This is a fun class for folks who have some painting experience and those you have absolutely none at all.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 13—Oct. 18	Monday	6:00—8:00 pm	6 Weeks	18+	430902	01

Computer Classes



Location..... Wyoming Senior Center

Fees TBD

Note: Dates are subject to change

Intro to Windows ~ Expand on your basic knowledge of the computer. The class will teach you to use Microsoft Office Products (Word, Access, Excel, etc.) as well as how to save files for the file management. You will also become familiar with some of Windows special features.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 23 – Oct. 7	Thursday	9:00am – 12:00pm	3 weeks	40+	440312	01

Intro to Computers ~ Get to know the PC through this hands-on experience that includes a little history of the evolution of computers, exposure to hardware and software such as Windows, word-processing, computer keyboards, and file management.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
Sept. 21 – Oct. 5	Tuesday	9:00am-12:00pm	3 weeks	40+	440310	01

Staying Safe on the Web ~ This session covers how to identify secure versus unsecure websites, what data is safe to share on either type, and what potential uses sites might have for collected data. We will also discuss some of the more nefarious schemes out there, including phishing, botnets, etc.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
TBD	TBD	TBD	TBD	40+	440314	01

Shopping ~ We'll take a look at finding the best shopping sites on the internet, from the trustworthiness angle, as well as from the best-bargain angle. The focus will be on finding products, product reviews and digging deeper for more information.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
TBD	TBD	TBD	TBD	40+	440315	01

Social Networking ~ Here we will explore the fundamentals of Facebook, Twitter, and other social networking sites, including the mobile versions of these sites. Flickr and YouTube, although not strictly social networking, also fit into this category.

DATES	DAY	TIME	DURATION	AGE	ACTIVITY NO.	SECTION
TBD	TBD	TBD	TBD	40+	440316	01





The Stepping Stones program is an in-home recreation therapy program serving older adults 60 years or better who reside in Kent County. The older adults must be considered homebound meaning they only leave their home for religious or medical reasons. The Stepping Stones program has served over 800 older adults and is proud to serve those who truly need recreation therapy services. The Kent County Senior Millage fully funds the Stepping Stones program and allows participants to receive services at little to no cost. Many clients have benefited from personal exercise programs, transportation training, leisure resources and education, aquatic therapy, adaptive equipment instruction, and community outings. For more information please contact the Wyoming Senior Center at 530-3190.

Fitness Groups

The “Forever Fit” and “Sweet and Low” fitness groups meet for multiple weekly work-outs. There are no fees associated with the fitness groups, but you must register for either or both groups if you are going to participate.

Forever Fit Monday & Thursday
10—10:45 a.m.

Saturday
10—10:45 am

Sweet/Low Tuesday & Thursday
10:30-11:15 a.m.

Saturday
11—11:45 am



Lifeline Health Screenings

Wyoming Senior Center will host a health screening provided by Life Line Screening. They will scan the **carotid artery in the neck** for plaque build-up, which can lead to stroke, (75% of all strokes are linked to carotid artery blockage) and the **arteries in the legs** for peripheral arterial disease, which is linked to heart disease. They will also offer a third test for aneurysms in the **aortic vessel in the abdomen**. Life Line Screening will also offer a **bone density** screening to test for Osteoporosis and also a fifth test, **Atrial Fibrillation**, which is the most common type of heart arrhythmia or irregular heartbeat. This is a prevention program, and with early detection, these problems can be treated. The results are sent directly to you in about 21 days. These tests which are non-invasive, completely painless and take about ten minutes each. The cost is \$45 each or you can receive discounts when you sign up for the Stroke/Wellness package (\$139).

Date: Wednesday—July 14

Time:.....9 am—4:30 pm

Fee:.....\$45 each or \$149 package

Pre-registration is required by calling 1-248-685-8443.



Hungry? Join Us For Lunch!

Have you ever attended the Saturday monthly luncheon provided by Senior Meals Program, Inc? Did you enjoy the food you had? Have you ever had to make a quick run to McDonalds, Burger King, Wendys, etc. between programs at the Senior Center and found yourself spending \$4-\$6 for lunch?

Why not eat a warm, delicious, healthy meal at the Wyoming Senior Center for a great price? Over 60 years \$2.00 and under 60 years \$3.50. The Senior Meals Program provides “family style” lunches at the center multiple times per week for anyone who is interested. All you need to do is check out the menu (available at the front desk). See what you like and sign up in the kitchen. You will not be disappointed!

Lunches are served, Monday, Tuesday and Thursday at 11:30 a.m.

Special Saturday lunches will be held on July 10 and August 21. Call 726-1274 for details.

We now offer a salad bar in addition to the hot meals that are provided.

Cards & Clubs

Activity	Description	Day	Time	Room
Swedish Weaving	Contact office for supply list	Monday	10:00 am	Craft Room
Pinochle		Monday	1:00 pm	Twin Pines East
Set Back		Monday	1:00 pm	Twin Pines West
Hand & Foot		Monday	1:00 pm	President's Room
Duplicate Bridge	Partner Required	Tuesday	9:30 am	Twin Pines West
Pedro		Tuesday	10:00 am	Twin Pines East
Cribbage		Tuesday	12:45 pm	Twin Pines West
Rubber Stamping	Stamps, inks, etc. available for use. Call for fee info.	1st Wednesday of month	10 am	Craft Room
Wood Carvers	Bring own tools and wood	Wednesday	1:00 pm	Ceramics Room
Skip Bo		Thursday	10:00 am	President's Room
Painting	Bring own project	Thursday	1:00 pm	Craft Room
Euchre		Thursday	1:00 pm	Twin Pines
Euchre	Progressive	Saturday	12 Noon	Twin Pines
Set Back		Daily, Mon—Thur	12 Noon	Pool Room

Social Bowling League

Our league is designed for fun and recreation with only individual statistics tracked. This is a social league. Participants will draw lanes each week to ensure play with other league members. League play includes special holiday events and end of season tournament.

Date.....September 2, 2010 – April 2011

Day Thursday

Duration..... 30 weeks

Times..... 12:45 p.m.

Location..... Park Center Lane

Fees.....\$5 Activity Fee

\$7.50 Resident Discounted Fee

Eligibility/Age.. 50+

Note: Weekly lane fees paid to Park Center Lanes.



“Walk for Your Life”

Walking is one of the best exercises for controlling weight and improving health. Enjoy the outdoors and make new friends through this leisurely paced, low-impact walking program. Walks include nature preserves, parks and the Kent Trails. Walkers meet at designated sites or bus service is available at the Wyoming Senior Center.

Date Wednesdays thru September 29

Times 9:00 a.m.

Bus Riders meet at the Senior Center by 8:45

Location Various

Fees FREE

Eligibility/Age .18



Fellowship Club Member Information



New Club Members

- | | |
|------------------|--------------------|
| Emma Gallardo | Bob Francisco |
| Mary Alyce Bosch | Dorothy Collins |
| Bill Mastaw | Dini Shukla |
| Kate Mastaw | Jim Imperi |
| Thomas Quist | Dawn Cooley |
| Victoria Reilly | Virginia Wojtaszek |
| Alice Francisco | Lenys Straight |

Recently Deceased

- Calvin Tyler
Paul Plummer

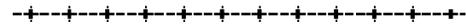
Membership has its Advantages!

- ▶ *Discounted Program Fees*
- ▶ *Voting Rights*
- ▶ *Name in newsletter for birthday/anniversary*
- ▶ *FREE coffee and donut the week of your birthday w/ current membership*
- ▶ *Encouragement when you are ill*
- ▶ *MORE!*

JOIN or update your membership today for only \$6.00 per year!

Club Meetings

General business meetings for the Fellowship Club takes place the 2nd Tuesday of every month at 12:30 pm in the Auditorium.



The **Activity Committee** for the club meets weekly on Tuesdays at 9:30 am. These are open meetings that any member is welcome to attend.

OUR GARDEN by Joanne Crawford



Our garden is always a great delight
In each season throughout the year.
In spring, it has tulips and paperwhites
Hyacinths and iris appear.
In summer, the roses and lilies bloom.
In fall, asters and mums are in style.
But winter is coming, the storms now loom.
The flowers will sleep for awhile.

Class Scholarships

Did you know that the Fellowship Club has a scholarship fund established for use by members for any City funded classes such as these?

If you have been wanting to take Line Dance, Ceramics, Computer Classes, etc. and it just isn't in your budget, contact the staff in the front office and ask about a scholarship.

All City of Wyoming offices, including the Senior Center will be closed on the following dates:

Saturday & Monday—July 3 & 5

Saturday—August 28 (Metro Cruise Race)

Saturday & Monday—September 4 & 6

HAPPY BIRTHDAY!



2 Shirley Spidell	Jeanette Sampson
Wayne Clark	16 Minnie Armstrong
John Schafer	Marilyn Heintzelman
3 Ginny Jakubowski	17 Gerrit TePastte
Audrey Spencer	Linda Cook-Toren
Dick Sylvester	Anita Mieras
Connie Herblet	18 Marilyn Plummer
Duane Tap	Karen Oliver
4 Virginia Smith	19 Medell Wheat
Dawn Snider	Malcom Dodds
5 Emily Kraft	Jean Veenendall
Tom Hojnacki	Kate Mastaw
Shirley Visser	20 Harold Hanks
Eleanor Hage	Kathleen Johnson
6 Judy Johnson	Mary Ann Fuentes
Arlene Lillis	Dutch Heinhuis
Mary Franks	21 Mary Finkbeiner
Ruth Polmanteer	Dan Shortle
7 Russell Sella	22 Don Ross
Jim Imperi	Augustine Hanrahan
8 Margaret Visser	24 Norma Jones
Dan McBrian	Betty Ellis
9 Dorothy Dewey	Louise Vazquez
Ronald Sacha	25 Richard Larson
Patty McClenathan	26 Lucille Eichenberg
10 Eugene Music	Peggy Bellgraph
Pat Lacombe	Kim Krestakos
Lynne Nelson	27 Charles Dibble
11 Jake DeWitt	Suzanne Anderson
Alvin Boeve	29 Anne Bocian
12 Joanne Butts	Juanita Hood
Vicki Erickson	Delphine Schemanski
Sue Adams	Richard Johnson
13 Ella Meade	Jan Bomgaars
Ken Benson	Laura Ruhl
Sondra Wright	30 John Sinke
Jean DeGlopper	Marguerite Williams
Edward Hammer	Richard Pierce
Gerald Richardson	31 Beryl VanderLeest
14 William Eitel	Elva Graham
Joyce Kunde	Ernest Birge
15 George Dutmer	George June

HAPPY ANNIVERSARY!

4 Doug & Arlene Lillis	Ken & Candy Hensler
5 Bill & Marion Bosserman	15 Jim & Shirley Beukema
7 Dick & Pat Grigsby	17 Robert & Elaine Sulaski
Jose & Lucy Laracuenta-Cedeno	22 Keith & Nancy Jo Fuller
8 Gerald & Joan Smith.	30 Richard & Margaret Johnson
11 Rod & Barbara Rodriguez	31 Andy & Helen Hoover
12 John & Lori Pylman	Casey & Sharon Dutmer



1 Wauneta Thompson	Patricia Bloomquist
Gerda White	Jim Beukema
2 Peter Varano	Doris Haner
Kenneth Haggerty	Edward McGregor
David Driggs	Delores Butts
Pamula Martin	19 Douglas Lillis
4 Karilyn Frederick	Lois Harris
Wayne Farnham	Mary Lou Tjepkema
5 Dorothy Newman	Donna DeBoer
Bill Mastaw	21 James Tuttle Sr.
7 James Marsh	22 Frances Pawlik
Alan Nystrom	Tim Jones
8 Robert VanDyken	23 Jack Slooter
Marlene Card	Oscar Zuniga
Helen Hoover	Beverly Woons
Carol Thomas	Mary Ann LaCosse
9 Gerry Johnson	24 Kaye Stebbins
Darlene Warren	Russell Maldag
Frankie Briggs	Burnell Young
10 Joan Kitchen	25 Theresa Gooding
Margaret Johnson	26 Carolyn Cunningham
11 Peggy Driesenga	Eleanor Robinson
Mary Boshers	Robert DeGraves
12 Aletha Oppenhuizen	Gordon Hammond
13 Virginia Myers	27 Irwin Anderson
14 Eleanor Hillman	James VanderLugt
Margaret Lancaster	Judy Hamilton
Veronica Dunn	28 Evonne Ambrose
15 Gladys Reed	Judith Russell
Donald Johnson	29 Don DeRuiter
16 Eldon Spoons	Russell Osbun
17 Betty Ridl	Sandy Marsh
Roman Kunecki	30 Mary Jane Bobier
John Veenendall	Phyllis Needham
Carl Spidell	Nancy Johnson
18 Stephanie Franchi	31 Anne Oesch
Thomas Bronkema	Myrtle Hartzog



HAPPY ANNIVERSARY!

1 Ernest & Frances Gee	16 Mike & Theresa Morse
Ted & Gerri Simons	18 Lyle & Shirley Etcher
2 Jack & Beverly Potter	25 Ally & Eleanor Mishal
4 Fay & Akef Kamal	26 Ron & Eleanor Hage
5 Kenneth & Linda Toren	27 Larry & Betty Griffin
6 Robert & Sharon Rea	29 Phil & Beth Patch
10 Wallace & Dorothy Norgrove	30 Kerwin & Shirley Rinks
Robert & Nuella Daniels	Robert & Sherry Adams
14 Bob & Vivian Bostwick	31 John & Jean Veenendall

Volunteer Opportunities

The monthly Club **Potlucks / Summer Suppers** are some of the most popular events at the Wyoming Senior Center, however they would not be possible were it not for the Club members willing to volunteer to host them. Hosts do not need to worry about having to do everything for themselves as there is always lots of help.

Below is a partial schedule for the Calendar Year 2010. If you and a friend are interested in hosting, please stop by the front office.

July—Wilma Maldag

Aug—Mary Kotrch

Sept—Open

Oct—Open



- ▶ To those that helped with the Fellowship Club Elections in May and everyone who voted.
- ▶ Brian Tait, Nelson Pelletier & Dan Mencarelli for preparing the Mother's Day Breakfast.
- ▶ To all the Gentlemen that helped with the set up, serving and clean up at the Mother's Day Breakfast.
- ▶ Joanne Crawford and Dan Kotrch for their readings and involvement at the Memorial Service
- ▶ Dolores Trimble, June Medendorp, Joyce Kunde, Dorothy Norgrove and Sharon Rea for their support at the Memorial Service
- ▶ Gloria for helping prepare the delicious pancakes at the Pancake Breakfast
- ▶ Brian Tait, Wilma Maldag & Mary Kotrch for hosting the June Summer Supper.
- ▶ Lillian Bellgraph, Mary Lou Covell, Ethel Reed, Dan Mencarelli, Helen Hoover, Mike Morse, Lee Wilhoit, Carol Lubbers, Mary Roberts, Barb Yeoman, Sylvia Kornoelje for their support of the Summer Kickoff Party.

ATTENTION

ALL VOLUNTEERS!!!

Are you recording your hours in the volunteer book? It is very important that volunteers record ALL the hours that you are putting in at the Wyoming Senior Center. Not only do we want to properly thank you for the time that you put in, by recording your hours you are providing us with very beneficial information. As we complete grant reports, look to find future funding from outside sources or just brag about our dedicated volunteers to the community it definitely helps when we can share the specifics. The book is now located at the volunteer area on the west end of the game room.

*Please note that based on recommendations from participants and activity committee members there has been a slight change to the Volunteer Recognition Dinner. Beginning in 2010, we will be honoring our Volunteers one time per year at a dinner in the fall. Tentatively the next dinner is scheduled for Sept. 27. In order to attend the dinner at no cost, you will need to have accumulated 20 volunteer hours between Oct. 2009 and August 2010.

BLOG

Don't forget to check out our blog! www.wyomingseniorcenter.blogspot.com. Feel free to add comments on the site if you have not done so yet.

FACEBOOK

You can also become a fan of the Wyoming Parks and Recreation Department on facebook. Our facebook page will not only cover information regarding the Center, but youth, adult and family programs as well. Just go to www.facebook.com, become a member and "become a fan" of the Wyoming Parks and Recreation Department.

Social Services

Financial Consultation

If you have any questions or concerns regarding your: statements, investments, insurance, etc., then stop by the Wyoming Senior Center for a free consultation provided by Brenda Kading-Payne, Financial Advisor for Edward Jones. Brenda comes to the center on the fourth Wednesday of each month.

Legal Assistance

Please Call 530.3190 to get your name on the list to see Attorney John Mitus, for a free 15 minute consultation. This service is on a first come, first serve basis. He will be here on **July 14** at 1:30 pm .

Hearing Screening

Sponsored by Theresa Wolf of Hearing Consultants Inc. The services include free screen testing, service to all make and model hearing aids, minor repairs, discount batteries available, Ostoscopic evaluation (check for wax), and free hearing consultation. **First Monday of the month at 10 am.**



Go! Bus Tickets Available

We offer reduced priced tickets for the Interurban Transit Partnership (ITP) Go! Bus service to qualified seniors. This door-to-door transportation service is offered to disabled older adults (60+) that reside in Kent County. Funding for this program is provided by a grant from Area Aging of Western Michigan. Please call 530.3190 for more information.

HISTORY AND FUNDING OF THE

WYOMING SENIOR CENTER



In 1966, a group of seniors began meeting at Pinery Park. Originally they met in the shelter but as time went on and their group began to grow. They eventually began meeting in the Pinery Park Lodge. The group met four afternoons and one evening per week. By February 1975 the extremely active group of seniors had outgrown the Pinery Park Lodge and joined with the City of Wyoming to file an Application for Federal Assistance with the Department of Housing and Urban Development for a Community Development Block Grant (CDBG). In 1977, the Senior Citizens Activity Center was dedicated to the Senior Citizens of Wyoming. Initial funding for the project came from both the City of Wyoming CDBG fund and the senior citizen club, now known as the Wyoming Senior Fellowship Club, Inc.

In July 1982, the senior citizen club formed a nonprofit corporation and became the Wyoming Senior Fellowship Club, Inc. The only requirement to become a member of the Fellowship Club is that the person be at least 50 years of age. younger than 50 may become members of the Fellowship Club if their spouse (who is a member) is at least 50 years of age. An annual membership of \$6 is paid by Fellowship Club members.

Within the Fellowship Club there are elected Officers, a Finance Committee and an Activities Committee. The officers, committees and Fellowship Club operate under guidelines set forth in their by-laws. The Fellowship Club has financially supported the Wyoming Senior Center over the years through facility improvements, equipment purchases and program support. The Fellowship Club partially paid for the addition of the Twin Pines room and also for equipment in the kitchen. They purchased the pool tables for the Senior Center and continue to incur any cost for recovering or repairs. On average, the Fellowship Club has an annual budget of \$85,000-\$100,000 directly supporting the program and facility.

During the mid '90s the Wyoming Parks and Recreation Department was cut from the City of Wyoming's General Fund. Initially this meant there would be elimination of all Recreation programming, Park support and closure of the Senior Centers. At the time there was also a South Wyoming Senior Center located on 54th Street, near Division. Parks and Recreation Staff along with faithful volunteers (many who are current members of the Fellowship Club) spent many cold and snowy evenings and weekends gathering signatures (8,000) in order to get a millage request placed on the next ballot to go out to the voters. In March 1994, a 5 year millage was approved by the Wyoming voters in order to support the Wyoming Parks and Recreation Department, which includes the Wyoming Senior Center. In 2000, the millage went to the public again and was adopted as a perpetual millage to support operational costs of the Wyoming Parks and Recreation Department.

To date, the Wyoming Senior Center continues to have funding support for programs and facility operations through the Wyoming Parks and Recreation millage as well as the Wyoming Senior Fellowship Club, Inc. Along with the Fellowship Clubs \$85,000 – \$100, 000 of support, the Wyoming Senior Center receives approximately \$360,000 from the Parks and Recreation millage annually.

Feathered Friends Word Search Puzzle

Can you find all the bird names hidden in the puzzle?

N H L R L O L M G N I B O R W R O F
C Y I V O N X N E O U M E L H U H L
P A R R O T C W P A L T V V N R E A
P T S Z P B V H K O D D U S I C K M
Y W E C N F G D D Z R O F R W R K I
G P S E D H L W F L N I W I K G Z N
U I Z H K E N A R C O T O L N E I G
C B D X F A W N O R E H A L A C Y O
M G L H U J R L O E G S G A E R H L
F J U U U K A A Y Z I L W S W E K H
X I I N E P I W P D P X D G K A T U
K I C V O J C A R D I N A L T G E M
G O O S E D A C V W N C S Y M L B M
R X V O R L R Y O E X H A W K E E I
K T D L V O S H V N V O K C R E E N
T E V L W Q L A O S S C A W A R X G
E A I U D U R C V X U R C S C U R B
E O A G U Q L S D D G V Q G B T H I
X K I A D A B O H C I R T S O L N R
K D H E F U S T A R L I N G B U L D
P B D S T Z B M O B I J M H H V Y D

BLUEJAY
BUDGIE
CARDINAL
CRANE
CROW
DUCK
EAGLE
EMU
FALCON
FLAMINGO
GOLDFINCH
GOOSE
GRACKLE
HAWK
HERON
HUMMINGBIRD
JUNCO
MEADOWLARK
ORIOLE
OSTRICH
PARAKEET
PARROT
PIGEON
RAVEN
ROBIN
SEAGULL
STARLING
TURKEY
VULTURE

July 2010

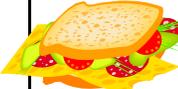
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
				10a Forever Fit Skip Bo 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club		 CENTER CLOSED
4	5	6	7	8	9	10
	 CENTER CLOSED	9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage	9a Walk Club Rubber Stamping 12:45p Commercial Bingo (18+) 1p Woodcarvers	10a Forever Fit Skip Bo 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club 5p Summer Supper		9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 11:30p SMP Lunch 12p Euchre
11	12	13	14	15	16	17
	10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot	9:30a Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:30p FC Bus. Mtg 12:45p Grocery Bingo 1p Cribbage 6p Ice Cream Social	9a-4p Lifeline Health Screenings 9a Walk Club 12:45p Commercial Bingo (18+) 1p Woodcarvers 1:30p Legal Assistance	10a Forever Fit Skip Bo 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club 5p Potluck		9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre
18	19	20	21	22	23	24
	10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot	9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage 3:30p Molly's Baby Shower	9a Walk Club 12:45p Woodcarvers 12:45p Commercial Bingo (18+) 1p Legal Assistance	10a Forever Fit Skip Bo 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club		9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre
25	26	27	28	29	30	31
	10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot Christmas in July	9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage	9a Walk Club 12:45p Commercial Bingo (18+) 1p Woodcarvers	9a Intro to Comp 10a Forever Fit Skip Bo 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club		9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre

Open Billiards and Computer Lab are Available M - Th, 7 am - 5 pm, Sat, 8 am - 3 pm.

Coffee Shop hours are M - Th, 8 am - 3 pm and Sat, 8:30 am - 2:30 pm.

Call for Times of Availability for Exercise Equipment.

August 2010

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
	10a Forever Fit Swedish Weaving Hearing Screening 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot	9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage	9a Walk Club 10a Rubber Stamping 12:45p Commercial Bingo (18+) 1p Woodcarvers	10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club		9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre
8	9	10	11	12	13	14
	10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot	10a-2p Annual Fellowship Club Picnic 	9a Walk Club 12:45p Commercial Bingo (18+) 1p Woodcarvers	10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club 5p Summer Supper		9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre
15	16	17	18	19	20	21
	9a Craft Sale Reg 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot	9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage	9a Walk Club 12:45p Commercial Bingo (18+) 1p Woodcarvers	10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club		9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 11:30p SMP Lunch 12p Euchre
22	23	24	25	26	27	28
	8a Golf Classic 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot	9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage	9a Walk Club 12:45p Commercial Bingo (18+) 1p Woodcarvers	10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club		CENTER CLOSED Metro Cruise Race
29	30	31		<p>Open Billiards and Computer Lab M - Th, 7 am - 5 pm, Sat, 8 am - 3 pm</p> <p>Coffee Shop Hours M - Th, 8 am - 3 pm, Sat, 8:30 am - 2:30 pm</p> <p>Call for Times of Availability for Exercise Equipment</p>		
	10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Hand & Foot	9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage				